



# Caring for Carers Newsletter Winter 2025

# Fairhill Medical Practice

**Kingston Hill Branch**  
81 Kingston Hill  
Kingston upon Thames  
Surrey. KT2 7PX  
020 8546 1407

**Fairfield Branch**  
14 Fairfield South  
Kingston upon Thames  
Surrey. KT1 2UJ  
020 8546 1771

**University Branch**  
The Health Centre  
Kingston upon Thames  
Surrey. KT1 2EE  
020 8417 2204



## Latest Practice News

Our new Triage Appointment Booking System will be live from 1<sup>st</sup> November 2025. Please visit our website for full details.

[www.fairhillmedicalpractice.nhs.uk/](http://www.fairhillmedicalpractice.nhs.uk/)

We have a social prescriber Jenny who can help with any non-medical issues or support you need. Please give us a call to book an appointment with Jenny without seeing a GP or clinician



Support Group for Carers of Adults who are Neurodivergent  
Monday 27 October 2025  
10:00 - 12:00

For more local events happening please visit the Kingston Carer Network website [www.kingstoncarers.org.uk](http://www.kingstoncarers.org.uk)

## Partners

**Dr Elizabeth Katay**

**Dr Greg Maylen**

**Dr Richard Van Mellaerts**

<https://www.fairhillmedicalpractice.nhs.uk/>

## LOCAL SERVICES

Kingston Carer's Network Website:  
[Kingstoncarers.org.uk](http://Kingstoncarers.org.uk)  
Tel: 0203 301 2757

iCopeTel: 020 3513 4440

Email:

[kingstontalkingtherapies@swlstg.nhs.uk](mailto:kingstontalkingtherapies@swlstg.nhs.uk)

Samaritans – Tel: 116123

Are you struggling with your own Mental Health? Reach Out to Kingston Mental Health Carer's Forum

Website: [www.kmhcf.org.uk](http://www.kmhcf.org.uk)

Email: [info@kmhcf.org.uk](mailto:info@kmhcf.org.uk)

Tel: 07983 063578

## Carer Healthcheck

When did you have your Healthcheck?  
Contact Danielle for more information and to book

## Any questions or support?

[swlicb.fairhillmedicalpractice@nhs.net](mailto:swlicb.fairhillmedicalpractice@nhs.net)  
marking FAO Danielle Parker Care Co-ordinator or call the surgery and speak to Danielle

## Winter Vaccinations 2025

- **Flu Vaccination**

As a Carer, you are eligible for the above free vaccinations.

Please contact the surgery to book yours now.

